### November 2022 Actions

Choose one or more of the suggested actions to learn more about

## NATIVE AMERICAN HERITAGE MONTH

# VETERANS DAY NOVEMBER 11

#### Prepared for you by the



Access, Equity and Diversity (AED)

Committee

To get involved, make a suggestion, or ask a question, please contact Alex Delonis, ISFAA AED Committee Chair at:

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#### Action # 1

Grab a meal at the <u>Owamni by The Sioux Chef</u> in Minneapolis or explore recipes at home using <u>The Sioux Chef's Indigenous Kitchen</u>.

#### Action #2

Ever wonder how Native American Heritage Month began? View this <u>video</u> to find out why this month is so important!

#### Action #3

Plan an outing! Visit the <u>Mounds State Park</u> in Anderson. This <u>park</u> features Native American heritage and ten ceremonial mounds built by the prehistoric Adena culture indigenous peoples of eastern North America.

#### Action #4

Want to learn more about Veterans Day? Get a quick history lesson in this <u>video</u>.

#### Action #5

Visit the <u>Indiana War Memorial and Museum</u> in Indianapolis. While there you can also view the <u>Soldiers' and Sailors' Monument</u>. If you can make it on November 11, there is a Veterans Day service at 11 am and a parade will follow. View <u>here</u> for the full itinerary.

#### Action #6

If it's too cold to go out, consider watching a movie. "Unbroken" and "Hacksaw Ridge" are two timeless movies that demonstrate the bravery of our military. Please note, due to the portrayal of violence, this may not be suitable for all.